

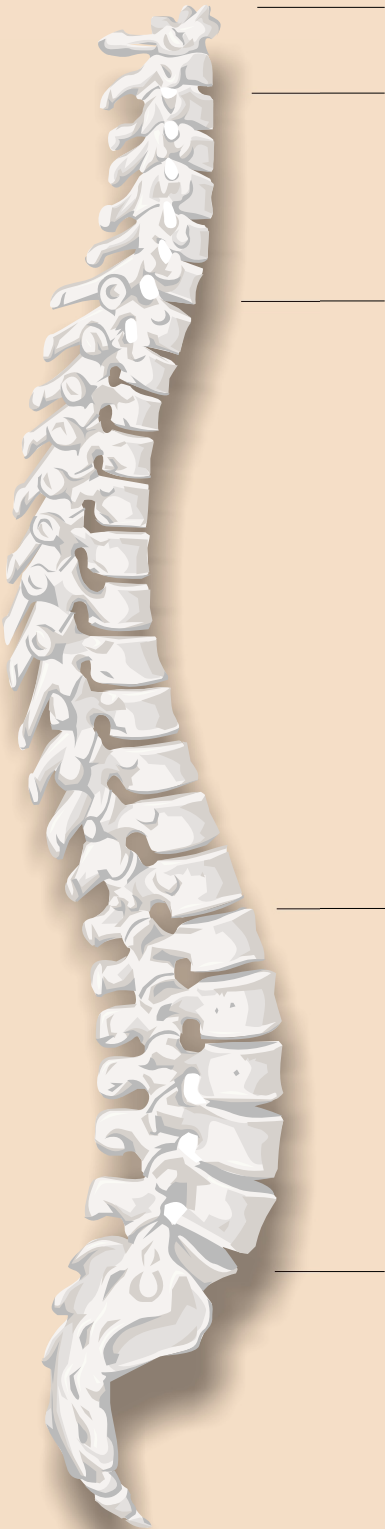
BACK in LINE CHIROPRACTIC HEALTH SURVEY

Date: _____ Name: _____

Address: _____ Phone: _____

City _____ State _____ Zip _____

Have you ever been to a Chiropractor? Yes No
 Are you presently seeing a Chiropractor? Yes No
 Rate how important your health is to you. Low Priority 1 2 3 4 5 6 7 8 9 10 High Priority
 Do you have any of the following problems? (check all that apply)



Pinched/Irritated nerves *Upper Neck* cause:

- Headaches
- Periods of foggy or fuzzy headedness
- Difficulty concentrating or feeling not all there
- Nausea/ feeling sick in the stomach
- Dizziness, Vertigo or balance problems
- Sinus stuffiness even when you don't have a cold
- Jaw (TMJ) problems or Pain

Pinched/Irritated nerves *Lower Neck* cause:

- Neck Pain or discomfort
- Neck stiff/ catch or pulling in neck and/or upper back
- Neck clicking/ popping/ grinding
- Neck/ Shoulder muscles tense, tight, or like knots
- Arms/ Hands/ Fingers falling asleep/ numbness/tingling
- Pins and needles, or funny bone feeling into little finger
- Pinching or pain into shoulder, arms, hands
- Carpal tunnel or tendinitis problems
- Grip weakness/ weakness when holding things
- Cold hands or hands get cold more easily than normal
- Swallowing problems

Pinched/Irritated nerves *Mid Back* cause:

- Upper back pain
- Midback pain/ pain between the shoulder blades
- Rib pain. pain radiating out from the spine, left or right
- Pain under the shoulder blade
- Sleeping difficulties/ feeling wound up
- Stomach trouble or irritation
- Indigestion, upset stomach, heartburn, gas, bloating
- Breathing trouble/ breathing restriction/ tight chest
- Fatigue, feeling tired a lot, feeling run down a lot
- Back or rib area pain or discomfort on breathing
- Irregular heart beat feeling/ feeling like it skips a beat

Pinched/Irritated nerves *Lower Back* cause:

- Pain an/or stiffness/muscle spasm in Kidney area
- pain and/or stiffness/muscle spasm low in the back
- Sciatica/Pain radiating into hip or buttock area
- Sciatica/Pain radiating into thigh, leg, or foot
- Sciatica/Pain or numbness, butt or leg the longer you sit
- Buttock, leg and/or foot falling asleep/numbness/tingling
- Legs and/or feet feel cold a lot
- Knees popping/knees or ankles giving out unexpectedly
- Constipation/ having to strain a lot/ nighttime rectal aching
- Late night urinary frequency (bathroom trips)
- Pelvic pain or discomfort